

PSCL Health and Safety Policy and Procedure

We are required to take all necessary steps to keep children safe and well. Children achieve best when they are healthy, safe and secure. We strive to create a welcoming, safe and stimulating environment where all children can grow in confidence.

- We ensure that the premises, including outdoor spaces, are fit for purpose.
- We ensure that spaces, furniture and equipment are safe for children to use.
- Our setting is secure.
- \circ ~ We keep the setting and equipment clean and comply with health and safety legislation.
- We will identify and deal with any accidents, hazards and faulty equipment, which will be recorded appropriately.

Safety and suitability of premises, environment and equipment

- In order to ensure child's safety in the setting we have a range of safety equipment e.g. mats for dance, low compression balls and plastic equipment instead of wooden which are checked regularly to ensure they are in good repair.
- The smoke alarms are tested regularly, and fire drills are carried out and recorded. Parents, carers and children are aware of our emergency evacuation procedure.
- Our premises are secure to ensure children's safety and prevent intruders and we have a procedure for checking the identity of visitors.
- We have a risk assessment policy that details how we manage and assess risk.
- All equipment used in our centres is regularly checked for damage and wear and tear and replaced when necessary, for example worn hockey sticks and cricket bats.
- o All coaches hold a current emergency first aid certificate.

Health

- We encourage children to learn about good hygiene by promoting regular hand washing.
- \circ ~ We encourage children to eat healthily when bringing in snacks and packed lunches.
- We stress the importance of leading a healthy, active lifestyle.
- All of our holiday course settings are 'nut free'. Correspondence to inform and remind parents / carers of this is sent out prior to the holiday course starting.
- o All coaches help promote these ideas by leading by example and demonstrating these practices.

Policy review date: April 2023